



Optimizing Patient Care and Outcomes Using Expertise and Evidence

A meeting that combines the need for incorporating evidence based medicine and expertise to enhance patient care. Come and find out the latest on complex fracture management, incorporating biologics into practice, sports medicine injury management and controversies in Orthopaedic Surgery. This year a renowned keynote speaker, Fergus Connolly engages the audience in discussion strategies on how to improve performance while avoiding burnout in high stress environments.

Overall Learning Objectives:

1. Develop strategies to read and assess the quality of available literature using evidence based principles.
2. Understand the role of biologics/new technologies in orthopaedic practice and how to introduce into clinical practice.
3. Recognize manifestations of stress in clinical practice and impact on performance.

Friday, November 8, 2019	
7:30 a.m. – 8:00 a.m.	Registration: Check-in Breakfast and Exhibit Hall Networking
8:00 a.m. – 8:10 a.m.	Welcome from the OOA President Dr. John Harrington
8:10 a.m. – 9:25 a.m.	Orthoevidence: Pivotal Trials in Orthopaedics Mohit Bhandari
9:25 a.m. – 10:25 a.m.	Massive Rotator Cuff Tears in 2019: What to do? Moderator: Bob Litchfield Arthroscopic Debridement/Tenotomy Timothy Leroux (Toronto) Tendon Transfers Work Patrick Henry (Toronto)

	<p>Superior Capsule Reconstruction Bob Litchfield (London)</p> <p>Reverse Total Shoulder Arthroplasty J. Pollock (Ottawa)</p>
10:25 a.m. – 11:00 a.m.	Nutrition Break and Exhibit Hall Networking
11:00 a.m. – 12:00 p.m.	<p>Biologics in Orthopaedics: Fad or Here to Stay? Moderator: Jas Chahal</p> <p>What’s the Evidence in 2019? Moin Khan (Hamilton)</p> <p>Do What Works Steroids/HA Ryan Degen (London)</p> <p>PRP Applications and Technique Alex Rabinovich (Hamilton)</p> <p>Looking Beyond PRP Tim Dwyer (Toronto)</p> <p>Are we Changing the Natural History of Cartilage Wear Jas Chahal (Toronto)</p>
12:00 p.m. – 12:50 p.m.	Lunch and Exhibit Hall Networking
12:50 p.m. – 1:35 p.m.	<p>Optimizing Outcomes in Arthroplasty Moderator: Anthony Adili</p> <p>Robot Assisted Surgery Anthony Adili (Hamilton)</p> <p>It’s all About the Approach to the Hip Brett Lanting (London)</p> <p>Keys to Working up a Painful Total Knee Vickas Khanna (Hamilton)</p> <p>Setting Up Success in Revision Settings: Tips & Tricks Amit Atrey (Toronto)</p>

<p>1:35 p.m. – 2:20 p.m.</p>	<p>Management of the 45 Year Old with A Symptomatic Complex Medial Meniscus Tear/Varus/Mild OA Moderator: Devin Peterson</p> <p>Physiotherapy Can Help! Darryl Yardley (Hamilton)</p> <p>Consider the HTO Danny Whelan (Toronto)</p> <p>Scope it and Move on Moin Khan (Hamilton)</p> <p>Don't Forget About the UNI Replacement Gavin Wood (Kingston)</p>
<p>2:20 p.m. – 2:50 p.m.</p>	<p>Nutrition Break and Exhibit Hall Networking</p>
<p>2:50 p.m. – 4:00 p.m.</p>	<p>Challenging Cases in Upper and Lower Extremity Trauma, Expertise and Evidence Moderator: John Harrington</p> <p>The Comminuted Intra Articular Bimalleolar Ankle Fracture</p> <p>External Fixation all the way: my technique Allan Liew (Ottawa)</p> <p>ORIF is Anatomical: My Technique Jeremy Hall (Toronto)</p> <p><i>Audience Vote</i></p> <p>The Comminuted Intra Articular Distal Radius Fracture: What's the Evidence Definitive? ORIF: Volar Plating is all You Need Herman Johal (Hamilton)</p> <p>Volar Plating Often Isn't Enough Aaron Nauth (Toronto)</p> <p><i>Audience Vote</i></p>

4:00 p.m. – 4:40 p.m.	<p>Advocacy in Orthopaedics Moderator: Femi Ayeni</p> <p>A Message from the COA Cynthia Vezina</p> <p>Advocating Osteoporosis Resources Ravi Jain</p> <p>Innovative Shoulder Care in the Community Setting: What is Possible Joel Lobo</p> <p>Bringing Innovation to the Hospital: Getting “Buy-in” From Administration Sebastian Rodriguez</p>
4:40 p.m. – 5:45 p.m.	Annual Business Meeting / OOA Members’ Question Period
5:45 p.m. – 7:30 p.m.	Cocktail Reception: Delegate and Exhibitor Networking

Saturday, November 9, 2019

7:30 a.m. – 8:00 a.m.	Registration: Check-in Breakfast and Exhibit Hall Networking
8:00 a.m. – 8:10 a.m.	Welcome from the OOA President Dr. Jeremy Hall
8:10 a.m. – 9:10 a.m.	ACL Reconstruction: My Graft Choice and Why Moderator: Alan Getgood Quadriceps Tendon Darren de SA (Hamilton) Hamstrings Tendon Mike Pickell (Ottawa) Bone Tendon Bone Davide Bardana (Kingston) Think About Augmentation of Your ACL Reconstruction Alan Getgood (London)
9:10 a.m. – 10:10 a.m.	Case Based Discussion: Staying Out of Trouble Treating Pediatric Supracondylar Elbow Fractures Moderator: Sarah Burrow Keys to Making the Correct Diagnosis on X-Rays Sasha Carsen (Ottawa) Supracondylar Reduction & Pinning Tips Megan Cashin (London) When to Open and How Waleed Kistha (Hamilton)
10:10 a.m. – 11:10 a.m. Keynote Speaker	Enhancing Your Performance and Avoiding Burnout: Making Data Driven Decisions Fergus Connolly Moderator: Femi Ayeni

11:10 a.m. – 11:40 a.m.	Nutrition Break and Exhibit Hall Networking
11:40 a.m. – 12:10 p.m.	<p>The Vascular Surgeon and Plastic Surgeon in the Ortho OR: Know When to Call - A Word From our Colleagues</p> <p>Moderator: Jeremy Hall</p> <p>Dangers in the OR: How to Plan and When to Call Adam Power (London)</p> <p>Dangers in the OR: How to Plan and When to Call Ronen Avram (Hamilton)</p>
12:10 p.m. – 12:45 p.m.	OMA Update
12:45 p.m. – 1:00 p.m.	<p>Meeting Summary and Adjournment</p> <p>Dr. John Harrington</p>